1.0 Rules

1.1 Racing will be governed by the Racing Rules of Sailing 2017 - 2020 (RRS), except as any of these are changed by these Sailing Instructions.

2.0 Notices to Competitors.

2.1 Notices to the competitors will be available from the Committee Boat (if on station), and on VHF Ch. 37.

3.0 Changes to Sailing Instructions.

3.1 Any change to the sailing instructions will be available from the Race Office or Committee Boat (if on station) at least 30 minutes before the warning signal.

4.0 Signals made afloat.

4.1 Signals made afloat will be displayed on the Committee Boat.

5.0 Schedule of Races

May 19th. HW Harwich 1523. RHYC. 11:00 start from measured mile line, finish at RHYC.

June 2nd. HW Harwich 1448. PMSC. 11:00 start. Start and finish at PMSC line.

June 30th. HW Harwich 1358. HDSC. 11:00 start. Start and finish at HDSC line.

July 21st. HW Harwich 0700 Shotley. 11:00 start. Start and finish at Shotley line.

Sept 1st. HW Harwich 1601 HPYC. 11:00 start. Start and finish at HPYC line.

Sept 15th. HW Harwich 1616. RHYC. Part of 175th Anniversary event. Details TBC

6.0 Class Flags

6.1 Competing yachts shall fly their respective Club burgees from the backstay as a Class Flag. **This is mandatory.** Ensigns must not be worn.

7.0 The Course

7.1 Course Instructions. Course details are given on the Course Card. **The number of the course to be sailed will be announced on VHF Ch 37**, and will also be displayed from a board on a Committee Boat if one is in use. The number will be advised as soon as possible before the warning signal, but in any case not later than the warning signal. Please note that if course 10 is used, then the marks for the day will also be announced.

8.0 The Start

8.1 Races shall be started using RRS Rule 26. except as changed by 11.2 below.

8.2 Starting sequence

Signal	Time before start	Flag	Sound
Warning	5 minutes	Flag 'A' displayed	One sound signal
Preparatory	4 minutes	Flag 'P' displayed	One sound signal
One Minute	1 minute	Flag 'P' removed	One long sound signal
Start	0	Flag 'A' removed	One sound signal

9.0 Start and Finish Lines.

- 9.1 Start and finish lines for each race are identified in section 5, and defined in the Course Card.
- 9.2 To aid the race officer in identifying all finishers, the race office should, if practicable, be advised on VHF Ch. 37 approx. 15 minutes before finishing.

10.0 Time Limits and Retirements

10.1The first yacht must finish within 5 hours. Any yacht that finishes after 17:00hrs will be deemed to have retired.

10.2 Retiring boats must inform the Race Committee as soon as possible. **This should be on VHF Ch 37, if possible**. If contact cannot be made by VHF, retirement should be reported to the contact telephone number supplied by the race officer on the day.

11.0 Safety Regulations

11.1 All yachts must carry a working VHF radio (fixed or handheld), capable of working on Channel 37 (M1).

The race office will monitor Ch. 37 throughout the race. A contact telephone number for the day will also be announced on Ch 37 prior to the race start, to be used if VHF contact cannot be made.

- 11.2 Check in. Competing Yachts shall identify themselves to the Race Officer on the Committee Boat or in the Start Hut using VHF Ch. 37 at least 10 minutes before the start, and state the number of persons on board. Yachts may not check in whilst the start sequence is in progress.
- 11.3 Yachts racing are to observe the International Rules for the Prevention of Collision at Sea and Ipswich Port Authority and Harwich Haven Authority Bylaws Nos. 18, 19, 44 and 50 "Yachts, cruisers and power boats shall not make use of the deep water channel or approaches to wharves, piers and jetties in such a way as to cause obstructions to large vessels using the Harbour." If a boat's engine has to be used while racing to avoid shipping, a declaration must be made at the end of the race; disqualification will not necessarily follow.
- 11.4 Yachts leaving harbour must leave the navigation buoys Pepys, College, Shotley Spit and Guard to Port. On returning to harbour, the above buoys must be left to Starboard. No yacht shall navigate within the deep-water channel to seaward of the Guard buoy.
- 11.6 Personal buoyancy must be carried for all crew members on board.

12.0 Handicaps and protests

- 12.1 Handicapping is at the discretion of the Committee and will use the Orwell and Stour local handicapping system. An adjustment in handicap number is not grounds for redress, this changes RRS 62.
- 12.2 Protests must be presented in writing to the Host Club on the day of the race accompanied by a £10 fee.

The protesting yacht must fly a red flag conspicuously and must attempt to inform the protestee. Protests will be heard by the Committee as soon after the race as possible.

13.0 Disclaimer of Liability

Competitors participate in the racing entirely at their own risk. See RRS Rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after racing.

14.0 Insurance. See Declaration on Entry Form

Notes:

VHF Channel 37 will be monitored throughout the race.

Club Telephone Numbers: Royal Harwich YC 01473 780319

Pin Mill SC 01473 780271

Shotley Sailing Club 01473 787500

Club Points:

The first three boats from each Club to complete each race in the series will attract points according to their overall position on handicap. Points will be awarded as follows: 1st - 1 point; 2nd - 2 points; 3rd - 3 points, and so on. All races to count, this changes RRS A4. Where fewer than three yachts enter from any one Club in any race, the absent yachts will be scored as; the number of entries on the day plus 3.

Yachts retiring will be scored the number of entries on the day plus 1. Where only one yacht enters the race will be void.

Individual points (for best yacht):

Each yacht will attract points according to its overall position on handicap in each race. Points will be awarded as follows: 1st-1 point; 2nd-2 points; 3rd-3 points, and so on. When a yacht is absent from a race it will be scored as the number of entries for the series plus 3. Yachts retiring will be scored the number of entries on the day plus 1.

Each yacht will be allowed one discard, provided 4 or more races are sailed.